

[#PsychologicalProfessionsWeek Programme](#)

15th to 19th of November 2021.

Building on the success of last year, Psychological Professions Week 2021 features keynote speakers, panel discussions and regionally-led sessions aligned to the National Vision of the Psychological Professions.

All events are *free*, virtual and are aimed at psychological professionals, policy makers, and the public, to showcase national and regional innovation within the psychological professions and inform next steps for psychological healthcare in England.

Our themes for the week build on our work around the vision and how we can collectively fulfil this.

PPN week will be a hub of activity within the psychological professions, and we hope it provides a chance to celebrate across local NHS commissioned services, training institutes and in other organisations too.

Programme

	Monday 15 Nov	Tuesday 16 Nov	Wednesday 17 Nov	Thursday 18 Nov	Friday 19 Nov
The themes of the week's morning sessions are aligned to the Psychological Professions (PPN) Vision	Put People First	Help Our Communities to Thrive	Make all Health and Care Psychological	Unite and Increase Diversity in the Psychological Professions	Transform and Innovate
Morning session 09.30-1100hrs	Involving Us: The Power of Shared Decision Making	Children's and Young Peoples' Mental Health in the Pandemic – How Can We Help?	Make all Health and Care Psychological	Equality, Diversity & Inclusion: Working towards Equity of Access in the Psychological Professions	How can we Benefit From the use of Measures in Psychological Therapies?
Session Brief	This session will explore how people should be involved in decisions about their	This session will start with an overview of current prevalence and impact of CYP mental	This session is focused on the important contribution that the psychological	In this session we will be turning to the important issues of diversity and equity in	This session will be a great opportunity for us to share our enthusiasm for the use of measures



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	care and treatment across psychological healthcare. You will hear from members of the public and practitioners about how this can be done well and will learn about the NICE guidance on shared decision-making.	health difficulties through the lens of the pandemic and identify the key areas of need to be addressed. We will consider some of the complexity of estimating prevalence and interpreting available data. The implications of the pandemic for children and young people's mental health and wellbeing will be reviewed. We will consider the implications of increased prevalence for services and the skills needed to manage the problems created by a combination of underlying secular trends and acute crises motivated by Covid-19 and efforts to contain the virus.	professions have in informing and influencing care in acute and physical health care settings. We are really pleased to be able to showcase two examples of innovation within these contexts, involving both Clinical and Health Psychologists. The first presentation will focus on describing aspects of the Bradford Primary Care Wellbeing Service (PCWBS), a psychology-led multidisciplinary team. The second presentation will describe a new project funded by HEE to support and sustain the integration of Health Psychology within NHS healthcare delivery.	the psychological professions. We know that inequality of access to professional training and roles and to the services we provide are real issues. We will be looking at some initiatives to address these as well as giving the chance for you to let us hear your thoughts and ideas.	in therapy and to explore the many different ways in which they can be of benefit. We will begin with an Expert by Experience perspective on the use of measures, where Paul will be thinking with us about how measures can be used effectively in therapy. We will then explore the versatility of process measures and how these can guide us in finely honing therapy, making it maximally effective and meaningful. We will consider the outcomes of recent research showing that outcome measures are acceptable and helpful amongst people with psychosis, before moving on to understand the power that measures bring to the wider landscape – at



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		<p>We will then share the findings from the evaluation and implementation of the Children's Wellbeing Practitioner (CWP) role from the South West of England pre and throughout the pandemic. The findings will reveal the impact the pandemic has had on requests for mental health support across services, session adaptations, increases in baseline severity and the impact of the CWP role on improving children's mental health.</p> <p>Finally, we will present examples of low intensity practice during the pandemic. Strategies used, adaptations made, challenges and successes from the point of view of those</p>			<p>a service, regional and national level. Despite the many benefits of measures, we also recognise that obstacles to implementation exist. We would like to share some of our experiences from the East of England and invite you to share yours too.</p>

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		delivering low intensity interventions will be presented.			
Chair(s)	Dr Adrian Whittington , Co-Chair, PPN England and Co-Chair, PPN South East and Laura Lea , National Lead, Expert by Experience Involvement in the Psychological Professions	Dr Catherine Gallop , Co-Chair, PPN South West	Sharon Prince , Chair, PPN North East and Yorkshire	Dr Bill Tiplady , Co-Chair, PPN South East and Dr Margo Ononaiye , Widening Participation Lead, PPN South East	Dr Maggie Rosairo , Chair, PPN East of England and Paul Edwards , Expert by Experience, IAPT Expert Advisory Group
Speakers	Dr Rachel Terry , Admissions Director, Canterbury Christ Church University Clinical Psychology Doctorate Geoff , Expert by Experience Paul , Expert by Experience	Professor Peter Fonagy , National Clinical Advisor on Children's Mental Health, NHS England & Improvement and Chief Executive, Anna Freud National Centre for Children & Families Hollie Gay , Postdoctoral Research	Dr Suzanne Heywood - Everett , Consultant Clinical Psychologist, Clinical Lead Primary Care Wellbeing Service Dr Sari Harenwall , Clinical Psychologist Clinical Lead, Chronic Fatigue Syndrome & Long Covid	Paul – Expert by Experience Dr Rajni Sharma , Director – Child and Adolescent Psychotherapy Training, Northern School of Child and Adolescent Psychotherapy Sarah Erskine , Head of Public Health: Mental	Dr. Emma Warnock-Parkes : Research Clinical Psychologist, Oxford Centre for Anxiety Disorders and Trauma Professor David Clark : Professor and Chair of Experimental Psychology, University of Oxford and National



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	Dr Nick Grey , Associate Director Psychology and Psychological Therapies, Sussex Partnership NHS Foundation Trust	Associate, CEDAR University of Exeter Dr Markku Wood , Clinical Lead, Northumbria University and Tees Esk and Wear Valleys NHS Trust	Dr Rachel McEnery , GPwSI (GP with special Interest) in Persistent Physical Symptoms Dr Elizabeth Jenkinson , Health Psychologist, National Training Director for Health Psychology in Workforce Redesign, The University of the West of England, Bristol. Lucy Renwick , Workforce Transformation Lead, Health Education England	Health, Adults and Health Directorate, Leeds City Council	Informatics Advisor to the IAPT Programme Dr. Timothy Clarke: Principal Research Clinical Psychologist and Children and Young People Mental Health Clinical Advisor, NHS England [East of England]. Dr Alison Brabban , Clinical Advisor to Adult Mental Health Programme, NHS England/Improvement, Clinical Lead for Community Transformation, Tees, Esk & Wear Valleys NHS Foundation Trust, Visiting Professor, Trinity College, Dublin
1100 hours	Close of Morning Session				
Afternoon session	What are the Psychological	What's new for Psychological	Thinking of a Career in the Psychological	Improving Career Pathways in	Growing Leadership Talents in the



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13.30hrs-1500hrs	Professions Networks Doing in Your Region?	Wellbeing Practitioners & Low Intensity Approaches?	Professions? An Introduction to New Roles	Psychological Professions	Psychological Professions
Session Brief	This session will focus on outlining some of the work undertaken in the PPNs across England. The focus is on the leadership roles undertaken by psychological professions and how they can influence across organisations and systems.	This session brings together Psychological Wellbeing Practitioners & Low Intensity Practitioners from across England to reflect upon the past, present, and future of innovation & leadership in evidence based low intensity psychological interventions. Case studies examining working with people with long term conditions and innovative use of self-materials will combine, with discussion of the latest issues in career development, to make this a practical and thought-provoking session for anyone interested in the work of low intensity	This year we are more committed than ever to the process of safely and effectively expanding the presence of the psychological professions in NHS commissioned healthcare, subject to national drivers and local variations in workforce needs. New roles have emerged from specific pathway approaches or programmes to meet gaps in provider services. Making sense of this can be a challenge at this stage, even for those who have experience of existing workforce roles. Supported by London region Experts by Experience, this session	Finding your way into and then developing a career within Psychological Professions can feel more like forging a trail than following a coherent pathway. Despite huge interest in careers in our professions, this may be limiting our potential to grow, develop and diversify. In this workshop, hear different perspectives on the current challenges, learn about work going on to address these and contribute to the development of a more coherent career framework for Psychological Professions.	This session will set an inspiring and motivating tone where we compassionately challenge Psychological Professions to be courageous and step into leadership opportunities. The focus will be on moving away from the idea that leadership is always about titles or positions and moving towards leadership as a range of skills and behaviours that can be learned and embodied by all. We will reflect on experiences from Psychological Professionals at different stages in their careers, from aspiring to policy leaders. Specifically, we will hear about their leadership

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		practitioners and opportunities for development of the wider psychological practitioner workforce.	aims to focus on celebrating five new roles with descriptions of activity and their contribution in clinical settings, via inspirational examples from our PPN regions nationwide. We hope that the presentations will help us all to make sense of how the roles will fit together to make the best offer for the public, and how they will relate to career pathways for those involved.		talents and the growth of these over time whilst understanding how their professional leadership development has helped them to transform, innovate and improve what they do
Chair	Dr Gita Bhutani , Co-Chair, PPN England and Co-Chair, PPN North West	Clare Baguley , Programme Manager, PPN North West	Dr Estelle Moore , PPN London Chair	Dr Phil Self , Co-Chair, PPN South West.	Dr Sunny Kalsy-Lillico , Chair, PPN Midlands
Speakers	Dr Estelle Moore , PPN London chair	Liz Kell , PPN NW Co-Chair, Principal Lecturer for Academic Development	We will have a series of contributions from Clinical Associate Psychologists (CAP)s,	Dr Gita Bhutani , National Development Lead Psychological	Dr Lisa Cameron MP , Clinical Psychologist and MP for East

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	<p>Dr Paul Campbell, Cheshire & Merseyside Integrated Care System (ICS) Leadership Fellow,</p> <p>Dr Rachel Domone, Lancashire & South Cumbria ICS Leadership Fellow</p> <p>Dr Dale Huey, Greater Manchester Combined Authority Leadership Fellow</p>	<p>Marie Boardman, Step 2 Development Coordinator, & Phillipa Horn, Senior Psychological Wellbeing Practitioner, Staffordshire & Stoke-On-Trent Wellbeing Service, Seisdon Wellbeing Team</p> <p>Simon Winter, Lead Psychological Wellbeing Practitioner (PWP), Time to Talk, Sussex Community NHS Foundation Trust and Co-Chair, PPN South East PWP Subnetwork & Sophie Strange, Southwest PWP Lead, South West Mental Health Team</p> <p>Michael Safranek, High Intensity Therapist</p> <p>Lizzie Gray, Health in Mind Psychological</p>	<p>Psychological Well-being Practitioners (PWP)s, Educational Mental Health Practitioners (EMHP)s, Children & Young People's Well-being Practitioners (CWP)s, and Associate Psychological Practitioners (APP)s</p> <p>Dr Gita Bhutani, National Development Lead Psychological Professions Network, HEE, Co-Chair, Psychological Professions Network England & North West</p> <p>Clare Baguley, Co-Chair Psychological Professions Network & North West</p>	<p>Professions Network, HEE Co-Chair, Psychological Professions Network England & North West</p> <p>Ella Wray, Senior Assistant Psychologist, National Psychological Professions, NHS England & Health Education England</p> <p>Rob Hardy, Senior Programme Lead, National Workforce Skills Development Unit</p> <p>Fiona Ballantine Dykes - Deputy Chief Executive, The British Association for Counselling and Psychotherapy (BACP)</p>	<p>Kilbride, Strathaven and Lesmahagow</p> <p>Dr Anna Forrest, Consultant Clinical Psychologist in Cambridgeshire & Peterborough NHS Foundation</p> <p>Amandeep Soomal, Senior Cognitive Behavioural Psychotherapist in a Perinatal Mental Health Service</p> <p>Brad Powell, Trainee Clinical Psychologist</p>



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		Wellbeing Practitioner (PWP) Team Lead & PPN South East PWP Subnetwork Co-chair	Dr Alison Brabban , Clinical Advisor to Adult Mental Health Programme, NHS England/Improvement, Clinical Lead for Community Transformation, Tees, Esk & Wear Valleys NHS Foundation Trust, Visiting Professor, Trinity College, Dublin		
1500hrs close	End of Afternoon Session				